



TMJ PROBLEM QUESTIONNAIRE

PLEASE ANSWER ALL QUESTIONS	DO NOT WRITE IN THIS SPACE
<p>I. NAME _____ AGE _____</p> <p>DATE _____</p> <p>REFERRED BY _____</p> <p>II. DO YOU HAVE HEADACHES? _____ NECK PAIN? _____</p> <p>JAW PAIN? _____ EAR PAIN? _____ FACIAL PAIN? _____</p> <p>OTHER? _____</p> <p>WHICH SIDE</p> <p>RIGHT? _____ LEFT? _____ BOTH? _____</p> <p>III. PLACE A (✓) IN THE CIRCLE THAT IS CLOSEST TO THE AREA WHERE YOU HURT THE MOST.</p> <div style="display: flex; justify-content: space-around; align-items: center; margin: 10px 0;"> <div style="text-align: center;">  <p>RIGHT SIDE</p> </div> <div style="text-align: center;">  <p>LEFT SIDE</p> </div> </div> <p>IV. HOW LONG HAVE YOU HAD THIS PAIN? _____</p> <p>IS THE PAIN CONSTANT? _____</p> <p>WOULD YOU DESCRIBE THE PAIN AS:</p> <p>ACHING? _____ BURNING? _____ STABBING? _____</p> <p>OTHER? _____</p> <p>V. IS THE PAIN WORSE: MORNING? _____ AFTERNOON? _____</p> <p>AWAKE? _____ WHILE SLEEPING? _____</p> <p>VI. HAVE YOU EVER INJURED OR SUSTAINED ANY FORM OF TRAUMA OR WHIPLASH TO YOU:</p> <p>JAW? _____ HEAD? _____ NECK? _____</p>	

VII. WHAT MAKES THE PAIN WORSE? _____

WHAT MAKES THE PAIN BETTER? _____

WHAT MEDICATION DO YOU TAKE FOR YOUR PAIN?

MEDICATION	DOSE	FREQUENCY
_____	_____	_____
_____	_____	_____
_____	_____	_____
_____	_____	_____
_____	_____	_____

VII: DOES IS HURT TO CHEW? _____ OPEN WIDE? _____

WHICH SIDE OF THE JAW MAKES A POPPING NOISE? _____

CLICKING? _____ GRINDING? _____

OTHER NOISE? _____

X. HAVE YOU NOTICED A CHANGE IN YOUR BITE? _____

FRONT TEETH? _____ BACK TEETH? _____

HAS YOUR PROFILE CHANGED? _____

XI. ARE YOUR TEETH SORE OR SENSITIVE? _____

DO YOU CLENCH YOUR TEETH? _____ GRIND? _____

DURING THE DAY? _____ AT NIGHT? _____

WHEN DID YOU START DOING THIS? _____

XII. DO YOU HAVE PROBLEMS WITH YOUR EARS? _____

DIZZINESS? _____ RINGING? _____

HEARING? _____ OTHER? _____

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XII. IS IT DIFFICULT TO SWALLOW? _____

PAINFUL TO SWALLOW? _____

HAVE YOU NOTICED ANY LUMMPS IN YOUR:

FACE? _____ THROAT? _____ NECK? _____

OTHER? _____

XIV. HAVE YOU HAD ANY PRIOR TREATMENT FOR THIS PROBLEM?

SPLINT? _____ DID IT HELP? _____

NIGHTGUARD? _____ DID IT HELP? _____

BITE ADJUSTMENT? _____ DID IT HELP? _____

ORTHODONTICS? _____ DID IT HELP? _____

OTHER? _____

XV. DESCRIBE THE PROBLEM IN YOUR WORDS AS YOU UNDERSTAND IT.

XVI. REPORTS MAY BE SENT TO MY: (NAME)

MEDICAL DOCTOR _____

DENTIST _____

OTHER _____

XVII. I HAVE COMPLETED THE ABOVE TO THE BEST OF MY KNOWLEDGE AND I PERSONALLY HAVE FILLED IN EACH BLANK IN MY OWN WRITING. I CONSENT TO THE USE OF MY X-RAYS, RECORDS AND PHOTOS FOR SCIENTIFIC PUBLICATION OR TEACHING PROVIDING NAME REMAIS ANYONMOUS.

SIGNATURE

